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At Home Tooth Whitening

Whitening your teeth will take from one to eight weeks using the following techniques:

1. insert the bleaching tray with the gel after supper and wear until bedtime.
2. insert the bleaching tray with the gel at bedtime and wear through the night.
3. combination of one & two.

Cost: \$110.00 for one arch includes 1 tube of bleach.

\$210.00 for both arches includes 3 tubes of bleach.

Some patients with darker teeth may require additional bleach
at the cost of \$30.00 per bleaching kit.

\$25.00 each to replace lost or damaged tray.

Discomfort: some patients may experience temporary cold sensitivity and / or stinging gums.

How long

will it last: two-three months, depending on personal habits (smoking, etc.). A one-two day touch-up is sufficient to maintain the whiter color.

Fillings &

Crowns: darker fillings and crowns do not whiten with the teeth and may need to be replaced in order to match new whiter teeth.

Although at home bleaching is a relatively new procedure and long term results are not known it has been effective for most patients. There may be some patients for whom tooth bleaching is either not effective or possibly not the most preferable treatment.

The amount of whitening that you obtain during bleaching is dependent on three factors: 1) the length of time the tray is worn each day, 2) the number of days the tray is worn and 3) the susceptibility of your teeth to the bleaching agent.

Procedure: there are three office visits.

First visit: impressions of your teeth

Second visit: fit trays and loading instructions. Full payment is due at this visit.

Third visit: evaluation of results

patient signature